

LYNN TELFORD-SAHL

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Member Toastmasters International

M. A. Psychology with Holistic Specialization, John F. Kennedy University, Orinda, CA, Certified Addiction Counselor
Certified Money Coach: Money Coaching Institute, Marin, CA

SPEAKING EXPERIENCE

Partial list of past presentations includes:

2014 May 7th Annual High Tea of Hope benefitting Stanislaus Family Justice Center "Women, Money & Freedom"

2014 March - 2013 Sept The Center for Human Services Series Presentation - Modesto, CA
Happiness Management 101, The Heart of Change & 3 Steps to Turn Financial Stress into Freedom
Contact Dawn Tacker: dtacker@centerforhumanservices.org

2012 Sept Women's Success Network, Modesto, CA Power Up Your Money, Power UP Your Life, Modesto, CA

2012 Mar Women's Success Network, 3 Steps to Turn Financial Stress into Freedom, Manteca, CA

2012 Jan Women2Women, 3 Steps to Turn Financial Stress into Freedom, Stockton, CA

2011 Nov 3 3 Steps to Turn Financial Stress into Financial Freedom eWomen, Elk Grove, CA (Erica Thompson (916) 271-0763)

2011 May 9 Money Magic Workshop Modesto CA

2011 Feb 1 St. Joseph's Medical Center - Know Your Mind, Body, Spirit Series - "How to Turn Fear into Freedom"

2010 Dec 10 National Institute for the Clinical Application of Behavioral Medicine, Hilton Head, SC
"The Pause Button: Turn Stress, Fear and Addiction into Freedom & Choice"

2010 Nov 2 Women's Leadership Network "Balancing Family-Work-Self" (Kathy Pon 209 201-1878)

2009 Oct 2 Keynote Speaker, Westside Women in Action Conference Turlock, CA "In the Heart of Change"

2009 June 18 California Marriage & Family Therapists Chapter Meeting, Modesto, CA

"Intentional JOY: How to Turn Stress, Fear & Addiction into Freedom"

2009 June 4 eWomen Network, Elk Grove, CA "3 Tips to Turn Economic Stress & Anxiety into Freedom"

(Karen Penfold 916-425-5438)

2009 May 20 Keynote Speaker, Network of Entrepreneurial Women, St. Charles Medical Center, Bend, Oregon

(Joan Dudley 541-306-7618)

2009 Jan 27 The American Business Women's Association, Tracy, CA "How to Turn Stress & Anxiety into Freedom"

2008 October 3 Keynote Speaker, West Side Women in Action Conference Turlock CA "The Power of Women To Change the World, One Heart at a Time" contact Linda Murdock

2008 August Memorial Medical Center, Modesto, CA "The Journey to Love & Acceptance"

2008 July 16 Central Valley Human Resource Management Association, Modesto CA "Emotional Management"

(Glenda Tobia 209-578-6303)

2008 May 8 Soroptimists Modesto, CA "Heart & Soul Leadership for Women in Business" (Vikki Huckell 578-0700)

2008 May 7 Women's Success Network "How to Succeed In Business" (Donna Versola 523-8374)

2008 April 9 Soroptimists Modesto, CA Women's Leadership, Wednesday Group (Penny 209-529-2399)

2008 April Women's Leadership: Purpose, Passion & Power with Leah Silvestre

2008 Jan Central Valley Women's Alliance: How to Create More Power, Joy & Vitality for Women in Business

2007 October 23 Charter House, How to Turn Stress & Struggle Into JOY (Non-profit) Stockton, CA (Dani Jeitz 209 476-1106)

2006 April Beyond Ordinary Nursing Imagery Conference Hawaii Kona Coast

The Moving Centers: Integrating Ourselves, Healing the World

AUTHOR

Intentional JOY: How to Turn Stress, Fear & Addiction into Freedom "The Hit book" New York Daily News - Addictions & Answers Column

The Greatest Change of All "The Greatest Change of All" is like all Chicken Soup stories, it opens the heart. And, when we open our hearts we change the world."

Mark Victor Hanson, author ChickenSoup series

